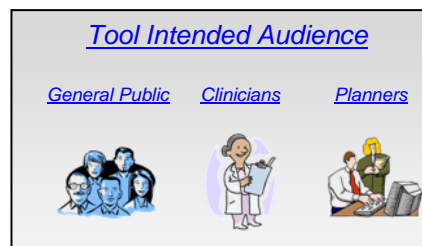


Objective 34: Reduce the number of ER visits due to behavioral health conditions

Maryland SHIP Vision Area 5: Chronic Disease
Tools, Resources, and Promising Practices
updated February 2012



Information, Facts, and Figures

[The Community Guide—Depression](#)

Provides resources and Task Force recommendations to expand access to depression screening and treatment.



[National Prevention and Health Promotion Strategy](#)

See pages 48-50 for proven approaches to expanding access to mental health services.



Maryland Services and Hotlines

Drug and Alcohol Treatment Hotline

To find places in Maryland to get drug and alcohol treatment services call 877-830-7020. This hotline is available 24/7.



[Children's Mental Health Campaign](#)

Increase's public awareness of children's mental health problems, decreasing stigmatization and improving early identification and treatment. Educates people about consequences of untreated mental health disorders and promote help seeking behavior.



[Alcohol Abuse Screening Questionnaire](#)

Online, easy to use questionnaire to screen for problem drinking. The site includes educational materials on the effects of alcohol on the body systems.



Personalized Tools

[Alcohol Abuse Screening Questionnaire](#)

Online, easy to use questionnaire to screen for problem drinking. The site includes educational materials on the effects of alcohol on the body systems.



Promising Practices

[Collaborative-Care Approach](#)

Routine screening; treatment; use of mental health specialists; case managers; patient follow-up by providers to ensure treatment adherence; a focus on the health system and strengthening fluid treatment between multiple providers.



[Recovery Oriented System of Care](#)

Recovery Oriented approach focuses on sustainability of long-term recovery for individuals and families impacted by substance abuse problems. Main strategies consist of providing continuing care and linking patients with mental health services through collaboration with different agencies in the social, education and health care field.



[The Positive Parenting Program](#)

Main focus is directed to parents through a variety of community settings – media campaigns, primary care services, brief interventions for giving information and educating, group counseling for teaching parental skills, how to solve problems and increase parental efficacy.



[Screening, Behavioral Intervention, and Referral to Treatment \(SBIRT\)](#)

Provides resources to learn about SBIRT, a comprehensive public health approach to screening and treatment of persons with substance abuse disorders.



Toolkits

[The National Institutes of Mental Health](#)

Tools to understand mental illness, its incidence and prevalence.

